

ASSOCIATE EDUCATION

It is our goal as a tribal gaming entity to provide as much awareness and resources to our associates about responsible gambling.

NEED HELP WITH A GAMBLING PROBLEM?

Help is free.

When gambling ceases to be enjoyable, but you can't seem to stop, or if someone you know has a problem gambling, call the Minnesota Problem Gambling Helpline at **800-333-HOPE** or **www.nojudgement.com**. Help is available 24 hours a day, 7 days a week. Resources are available, so qualified individuals can afford the treatment they need.



Need help with a gambling problem
for either yourself or a loved one?
Help is free, confidential and
assistance is available 24 hours a day.



*Play it
Smart*

Tips for identifying and dealing
with problem gambling

Phone: 800-333-HOPE
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WHEN YOU PLAY, PLAY IT SMART

Most players can enjoy gambling for the fun it is. But gambling can become a serious matter.

Problem gambling is a disorder that can cause psychological, financial, emotional, marital, and legal difficulties—not just for the gambler, but also for their family, friends and employer. It's an illness that requires more than willpower to overcome. At Shooting Star Casino, we believe it's important to Play It Smart. We encourage our guests and associates to play responsibly.

KEEP THE FUN IN CASINO GAMING

Shooting Star Casino believes guests should enjoy casino games solely for fun. To help our guests maintain healthy gaming habits, we've created our Code of Conduct that's available for review at [Star Casino.com/code](http://StarCasino.com/code). We also encourage casino players everywhere to learn to identify the signs of a gambling problem so they may seek assistance with issues when they arise.

KNOW THE SIGNS

How can you identify a gambling problem? Here are a few things to watch for:

- Increased frequency of gambling activity
- Increased amount of money gambled
- Spending an excessive amount of time gambling at the expense of job or family time
- Being preoccupied with gambling or with obtaining money with which to gamble
- Gambling continues despite negative consequences such as financial problems, absence from work or family problems
- Using gambling as a means to cope with loneliness, anger, stress or depression
- An urgent need to keep gambling—often with larger bets or the taking of greater risks
- Borrowing money to gamble, taking out secret loans, cashing in or borrowing on life insurance policies, or maximizing credit cards
- Bragging about wins, but not talking about the losses
- Frequent mood swings—higher when winning, lower when losing
- Gambling for longer periods of time than originally planned
- Secretive behavior such as hiding lottery tickets and betting slips or having bills sent to work or to other addresses

PLAY IT SMART GAMBLING TIPS

- Schedule a time limit, stick to it and never play for longer periods of time than planned, whether you are winning or losing.
- Budget your money responsibly, and consider it a cost of entertainment. Never play when you're depending on winning it back.
- Do not borrow money which to gamble in hopes of making up for losses.
- Discuss your gambling with family and friends. You should always feel comfortable sharing details.
- Never use gambling as an emotional pick-me-up.

SELF LIMITS

In keeping with Shooting Star's commitment to our Code of Conduct in responsible gambling, our guests and associates can voluntarily request a self limit on casino privileges. This includes limits on direct mail, player privileges, or a self ban from the casino property and check cashing privileges.

For more information please contact our Security Office, extension 7230 or Player Development Department, extension 2582.

GUEST EDUCATION

It is our goal as a tribal gaming entity, to provide as much awareness and resources to our guests about responsible gambling. The information below is resource information for gambling awareness and addiction.

Need help with a gambling problem? Help is free, confidential and assistance is available 24 hours a day.

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